Independent Health Complaints Advocacy (IHCA) Services

Check your county (administratively) with your postcode: https://www.gov.uk/find-local-council

County	Service Provider	Phone No.	Email & Web
[London] **Croydon**	**Advocacy For All** *Healthwatch: 0300 0120 235*	**0300 0120 235**	croydonnhscomplaints@advocacyforall.org.uk www.advocacyforall.org.uk
[London] **Hounslow**	**POhWER** *Healthwatch: 0203 6032 438*	**0300 330 5471**	pohwer@pohwer.net www.pohwer.net/hounslow
[London] **Kingston**	**Healthwatch Kingston**	**0203 326 1255**	info@healthwatchkingston.org.uk www.healthwatchkingston.org.uk
[London] **Sutton**	**Advocacy For All** *Healthwatch: 0208 6419 540*	**0208 6419 540**	suttonnhscomplaints@advocacyforall.org.uk www.advocacyforall.org.uk
Brighton and Hove	**POhWER** *Healthwatch: 01273 234 040*	**0300 456 2370**	pohwer@pohwer.net www.pohwer.net
East Sussex (excluding Brighton and Hove)	**Healthwatch East Sussex**	**0333 101 4007**	www.healthwatcheastsussex.co.uk enquiries@healthwatcheastsussex.co.uk
Essex	**Healthwatch Essex**	**0300 500 1895**	www.healthwatchessex.org.uk enquiries@healthwatchessex.org.uk
Hampshire	**VoiceAbility** *Healthwatch: 0196 2440 262*	**0300 303 1660**	helpline@voiceability.org www.voiceability.org
Kent	**The Advocacy People** *Healthwatch: 0808 801 0102*	**0330 440 9000**	info@theadvocacypeople.org.uk www.theadvocacypeople.org.uk
Reading	**The Advocacy People** *Healthwatch: 0118 214 5579*	**0330 440 9000**	info@theadvocacypeople.org.uk www.theadvocacypeople.org.uk
Slough	**Healthwatch Slough**	**0300 012 0184**	enquiries@healthwatchslough.co.uk www.healthwatchslough.co.uk
Surrey	**Surrey Independent Living Charity (SILC)** *Healthwatch: 0303 303 0023*	**01483 310 500**	nhsadvocacy@surreyilc.org.uk www.surreyilc.org.uk
West Berkshire • Bracknell Forest • Windsor/Maidenhead • West Berkshire • Wokingham	**The Advocacy People** *Healthwatch: 01635 886 210*	**0330 440 9000**	info@theadvocacypeople.org.uk www.theadvocacypeople.org.uk
West Sussex	**Healthwatch West Sussex**	**0300 0120 122**	enquiries@healthwatchwestsussex.co.uk www.healthwatchwestsussex.co.uk

If your county is not on this list, contact your local Healthwatch by www.healthwatch.co.uk / 03000 683 000 who will either provide the advocacy service themselves, or be able to direct you to whoever provides the service on their behalf.

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