

Get involved!

It's a busy and exciting time for SILC and we're always looking for people who are passionate about making positive changes for disabled people, older people and carers to join us.

You can get involved in a number of ways:

- **Become a SILC Trustee**

As a SILC Trustee, you are invited to attend our finance, personnel and/or publicity sub-committees and have your input and influence on SILC's every day operations and long term strategies.

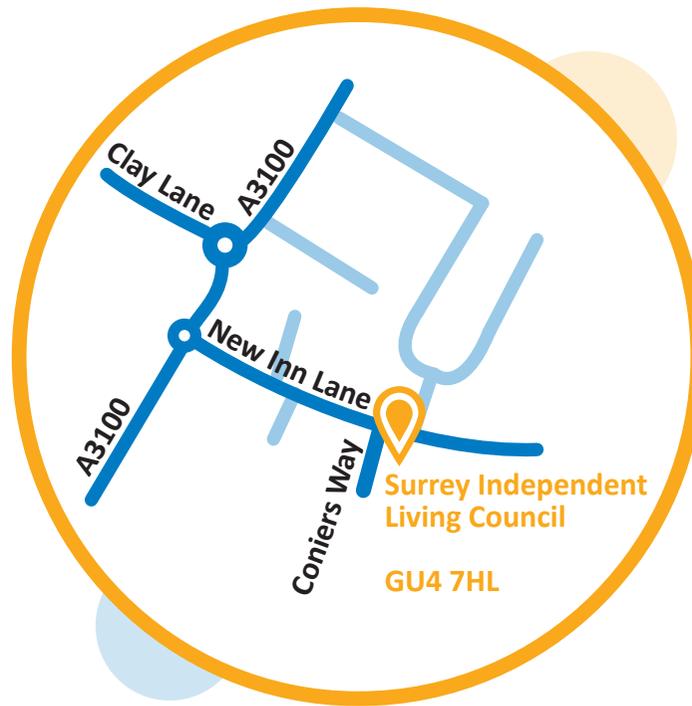
- **Become a SILC Member**

As a user-led organisation, we highly value the support and input of all of our members. Members are invited to join our 'Members' Panel' and/or 'Community Promotions Group'. Your input will inform the way that we plan and promote our services in the future.

- **Volunteer at SILC**

We're always looking for volunteers to join our Hubs whether it be working in the Hub or helping promote the Hubs at events around Surrey.

Please get in contact to find out more about these opportunities - our details are on the back of this leaflet.



Contact us

Please get in touch if you would like to chat about any aspect of the services we provide.

We are happy to visit you in your own home or another location. Our accessible offices are open between 9am and 5pm, Monday to Friday, for booked appointments. We are also able to arrange out-of-hours visits.

Phone: 01483 458 111

Text: 07919 418 099

Email: admin@surreyilc.org.uk

By post to: SILC, Astolat, Coniers Way, Burpham, Guildford, Surrey, GU4 7HL

SILC website: www.surreyilc.org.uk

PA Finder website: www.pafinder.org.uk



What is SILC?

Surrey Independent Living Council (SILC) is a voluntary organisation led and run by disabled people.

We believe that every disabled adult, child, older person and carer should be able to live independently with the same choices, opportunities and control over their lives as anyone else.





Independent living

Independent living as a concept is quite simple really.

It's about self-determination, self-respect and equal opportunities in all aspects of life: work, leisure, housing, etc.

Many people need support to live independently. The 'test' for independent living is whether people have choice and control over that support.

We can help you in your journey to control the support you receive.

How we support you

Our specialist, approachable team offer a range of services to help you live independently, whether you receive support from the council, NHS or fund your own care. This includes:

- practical advice on staying safe and independent at home
- support with budgets, bank accounts and financial management
- support recruiting and employing care workers and personal assistants
- training and support with confidence
- community engagement and peer support
- managing and administering Carer Support Payment schemes
- carer prescriptions service

At SILC you can talk to people who have had similar experiences to you.



Anne's story

Anne is 87 and uses her social care money she gets from the local authority to employ a personal assistant, for one day a week, so she can enjoy getting out to town and do her weekly shop in her local supermarket.

She had never employed a personal assistant before, but with help from SILC and SILC's 'PA Finder' service (www.pafinder.org.uk), Anne was able to find the right personal assistant for her. SILC also helps Anne with her financial administration every three months.

She's absolutely delighted with the great positive changes this has made to her life.